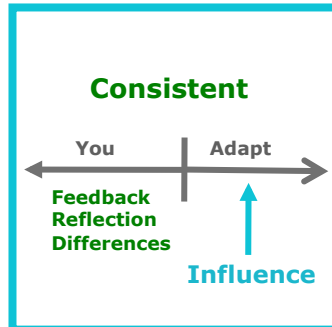


Leading Yourself

(Being a Great Role Model for Others)

UNDERSTAND YOU



- Understand **YOU** – Get **FEEDBACK** / Invest in **REFLECTION**
- Successful Leaders are **CONSISTENT** in their Behaviors
- Embrace the **DIFFERENCES** in others to Learn to **ADAPT**
- **CONTROL** your **EMOTIONS** and be **CONSISTENT**
- For Influence: Determine your **ATTITUDE** Ahead of Time
- Live the Equation of Credibility **DO = SAY**

Your Notes:

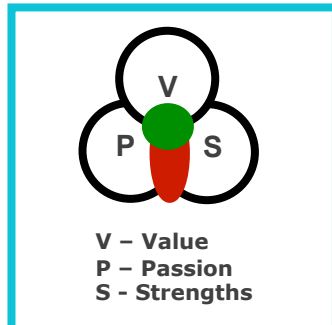
FOCUS ON YOUR STRENGTHS



- Growing your **STRENGTHS**...They Drive your Success
- Focus on Weaknesses that **SLOW YOUR STRENGTHS**
- **SURROUND** with People...Strengths in your Weaknesses
- Seek Out **MENTORS** to Help to Grow Faster
- Two Key Weaknesses: **LISTEN MORE, DON'T TELL**

Your Notes:

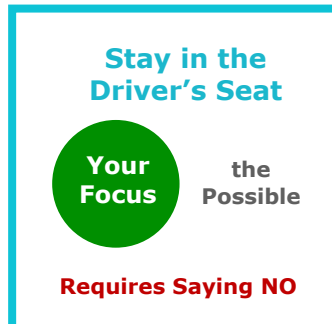
LEAD WITHIN SWEET SPOT



- Stay in your **SWEET SPOT** – Passion/Strengths/Value
- Doing your **HIGHEST** Work as a Leader
- Don't **COMPETE** with your People...What They Could Do
- Need to **LET GO** What You **LIKE DOING**
- Understand your **KEY PEOPLE'S** Sweet Spot Too

Your Notes:

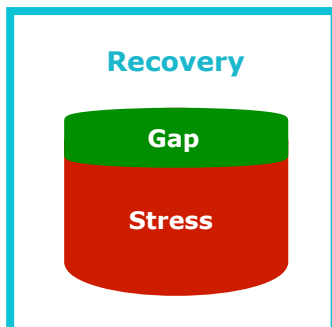
CLEAR FOCUS



- Keep the **IMPORTANT** important...Decide your Focus
- Have the **STRENGTH** to Say **NO** for **TIME** for the **YES**
- Your **BELIEFS** either **POWER** or **STOP** your Progress
- Use your **SUBCONSCIOUS** to Help **KEEP** your Focus
- It's about Making the **IMPORTANT URGENT**
- Focus on **ONE HABIT** and Make It **AUTOMATIC** (a Habit)

Your Notes:

PLAN YOUR RECOVERY



- Find ways to handle your **STRESS** with **RECOVERY**
- Use both **ACTIVE** and **PASSIVE** recovery each week
- Make Recovery a "**HABIT**" (w/daily & weekly **RITUALS**)
- Enough **RECOVERY** helps you manage your **PERSPECTIVE**

Your Notes:

Leading Yourself

(Being a Great Role Model for Others)

More of	Same as	Less of



I'd like to do this,
do you have any Ideas?